

KHC Leuven offers to all the parents the WORKSHOP:

# ● PARENTING IN SPORT ●

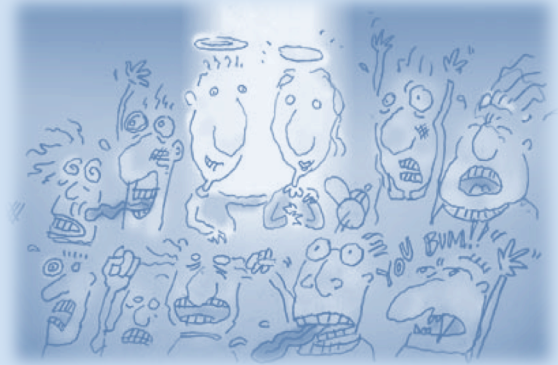
Would you like to know more about the mental aspects within the sport experience of your child?

Would you like to discover the keys to be a well-oriented supportive sport parent?



Most of the parents are helpful contributors to their children's well being in sports. In fact the majority of moms and dads are able to channel their good intentions and concerns in a way that reinforces the value of their children's sport experiences.

This workshop explores the different roles of parents in sports, to find and reinforce the one that make you support your child so that he or she has a fun, positive experience in sports.



When? 22nd October at 19:30h

Where? In KHC Leuven

Addressed to whom?

All the parents willing to sum up in the sport experience of their children.

Conducted by whom?

Alba Torredemer (Sport Psychologist)

Will you be there? If YES, please inscribe you:

## OPTION 1

Send a message or an email expressing your attendance directly to:

Alba Torredemer with your name, surname and email address. (albatoredemer@gmail.com / +32 496 29 65 68)

## OPTION 2

Contact personally with Mathieu Michaud or Pau Quemada (Hockey School Directors KHC Leuven) during weekdays or Saturdays at the club.